



AYSO National Games 2019
Safety & Medical Services Manual

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SECTION I: Personnel & Contact

Radios:

Category	Radio Channel
Information & Statistics	XX
Field Monitors	XX
Medical	XX
Referee Admin	XX
Security	XX
Fields Director	XX

Medical Team:

AYSO has recruited medical professionals from Kaiser Permanente and other volunteers with medical experience to handle all medical situations and emergencies.

Medical Administration Team		Radio Call Sign
Lei Leong	Medical Coordinator/Safety Director	Medical 1
Jill Stensrud	Asst. Medical Coordinator/Safety Director	HQ-Medical 7
Lois Hasegawa	Asst. Medical Coordinator/Safety Director	HQ-Medical 7
Rick Phillips	Medical Headquarters Shift Manager/ First Responder	HQ-Medical 7
Diane Phillips	Medical Headquarters Shift Manager/ First Responder	Medical 2
Robert Desuacido	First Responder	Medical 3
Rowena Martinez	Youth Volunteer Coordinator	HQ-Medical 7
	Kaiser First Responders	Medical 4, 5, 6

SECTION II: Medical Services Procedures

Mission:

The mission of the medical team is to ensure that first aid services are provided and available during the AYSO National Games 2019. Appropriate supplies, records and procedures shall be maintained by the Medical Headquarters (HQ) to ensure efficient and quality medical care.

General Description of Medical Services:

- The medical team has designed an efficient, systematic approach to the immediate treatment of acute injuries and conditions, which may occur during the AYSO National Games.
- This system does not allow for care or treatment of chronic or pre-existing conditions. The participant is responsible for providing any necessary equipment and/or supplies to care or treat any pre-existing conditions.

- Medical services will be limited to first aid, clinical diagnosis if needed and activation of the EMS system. This care is provided for participants, spectators, and staff.
- The participant is responsible for any medical expenses that he/she may incur (hospital, ambulance, medication, etc.) while participating in the games.

Scope of Practice:

- A victim must give consent to an offer of help before a person trained in first-aid begins to provide care.
- The law assumes that a victim that is unconscious, badly injured, or so ill that he/she cannot respond would give consent.
- A reasonable attempt must be made to get consent from a parent or guardian of a victim who is a minor or who is mentally or emotionally disturbed.
- If a parent or guardian is not available, first aid may be administered without consent.
- Good Samaritan Laws give legal protection to rescuers who act in good faith and are not guilty of gross negligence or willful misconduct. The medical team is providing medical care or general care in the best interest of the participant. The law does not provide a blanket immunity and only applies to emergency situations.
- See appendix C for a description of the Good Samaritan Law as written in the Hawaii Revised Statutes.

Medical Headquarters:

- Located adjacent to Field 15, which can be easily located on the venue map.
- Basic medical services will be provided at the Medical Headquarters (HQ).

Identification:

- Identified by Kaiser Permanente Company issued shirts and/or tournament issued red shirts with “First Aid” printed on the back and medical team credentials.
- Medical team personnel can be located at Medical HQ, easily identified on the venue map or on a roving medical golf cart identified with a Red Cross flag.

Communication:

- Two-way radio communications with the medical team will be available on Channel X.
- A two-way radio will be available at Medical HQ and on each roving medical golf cart carrying the medical team members.

Transportation:

- The EMS, parents, spouses, coaches, or friends shall handle transportation of injured athletes, spectators, or staff from the venue to a hospital or another medical facility (whichever deemed most appropriate).
- Athletes, spectators, or staff who are injured and need assistance to the Medical Headquarters may be transported by golf cart by medical team personnel only.

Supplies & Injury Ice:

- Medical supplies, equipment and injury ice will be supplied by the tournament and available at Medical HQ.
- Medical supplies and injury ice will be on all roving medical golf carts.
- It is the responsibility of the medical team to secure all supplies and equipment in a locked area (Meadow Gold locked truck) to avoid vandalism or theft at the end of each day.

Medical Forms (SAI Packets):

- Soccer Accident Insurance (SAI) packets will be available at Medical HQ and on all roving medical golf carts.
- An SAI packet MUST be given to the parent of ANY person who is treated by the medical team.
- If the parent is not present then the packet must be given to the most appropriate adult in the group (team parent, coach, etc.).
- The SAI packet will be given to the person, if alone.
- The SAI packet includes the following forms:
 - ☑ SAI Overview
 - ☑ Claim Instructions
 - ☑ AYSO Accident Claim Form
 - ☑ AYSO Incident Report Form
 - ☑ AYSO Participation Release Form
 - ☑ AYSO Concussion Release
 - ☑ Location and directions to nearest hospitals
- In case of SAI packet shortage, contact Lei Leong on radio channel XX or by phone (808) 638-1165.

Medical Disqualifications:

- If, in the professional judgment of the tournament medical team, the participant cannot safely compete, the Safety Director should be notified immediately.
- The Safety Director will notify the Information Director, who will then notify the coach and officials.
- One of the tournament medical team members must clear athletes that have been disqualified for medical reasons before being allowed back into the competition on either the same day or subsequent days following the disqualifying injury.
- Once cleared by the NG medical team, the Safety Director will notify the Information Director who will then notify the coach and officials.
- Any open wounds or skin lesions that cannot be adequately protected and covered to prevent exposure to others shall be considered a disqualifying condition.

Medical Appeals:

- If the participant wishes to appeal the decision of the medical team the participant must be evaluated and cleared by a specialist.
- The participant must provide appropriate documentation from the specialist to the Safety Director indicating they have been cleared to play.

Public Relations

In the event of a catastrophic incident:

- DO NOT SPEAK about the incident with anyone other than the Venue Chair, Security Coordinator, Safety Director or appropriate medical personnel.
- At no time is anyone to speak to press, parents, staff, officials, or spectators regarding the incident. At no time is anyone permitted to publish the incident on social media.

Dispensing Medication:

- It is not within the scope of practice of this medical team to dispense over-the-counter or prescription medication during the games.
- A list of local pharmacies can be found in Appendix B.

SECTION III: Injury Guidelines and Procedures

Care Procedures:

Initial Evaluations

- In many instances, the referee crew will be the first responder to an incident on the field. They have the responsibility to remove an individual from play they deem not fit to continue play in a manner safe to the player.
- In the case that the referee suspects a concussion, the player will not be allowed to return until evaluated by the medical team.
- If the referee removes a player for suspected concussion or serious injury, the referee will write and submit a supplemental match report detailing the incident.
- The medical team shall provide the evaluation, administer the appropriate care for acute injuries, and complete all necessary paperwork.
- If the injury/illness requires emergency care, the first responder will initiate and obtain assistance from the EMS system.

Emergencies:

What constitutes a medical emergency?

- Unconscious athlete or altered level of consciousness. DO NOT MOVE the athlete.
- Possible head injury with loss of consciousness. DO NOT MOVE the athlete.
- Neck or spine injury resulting in altered level of sensation, strength or range of motion. DO NOT MOVE the athlete
- Suspected fracture. DO NOT MOVE the athlete.
- No pulse or circulation.
- Anaphylactic shock or other severe allergic reactions.
- Heart attack, or chest pain.
- Cessation or irregular breathing.
- Heat related illnesses: heat stroke, heat exhaustion.
- Electrical shock.
- Burns, stabbing, shooting.

- Any injury, which, in your judgment, is beyond your ability to treat.
- Any injury which you are uncertain how to treat.

Activating EMS:

- 2 or more responders - one person will call for help while the other takes care of the victim. The victim will be checked for responsiveness and ABCs (airway, breathing, and circulation), vital signs will be monitored and first aid and/or CPR (if qualified) provided until EMS arrives.
- If alone, responder will check the victim for responsiveness and ABCs (airway, breathing, and circulation) then call for help. The victims vital signs will be monitored and appropriate first aid and/or CPR (if qualified) provided until EMS arrives.

Calling for Help:

Dial 911 using a cell phone. (**Tournament Safety Director is primary caller**)

- Have the following information ready to give to the dispatcher:
 - Type of emergency (injury, heart attack, allergic reaction, etc.)
 - Age of patient, male or female.
 - Location of the emergency: Waipio Peninsula Soccer Park.
 - Address of site: 93-061 Waipio Point Access Road.
 - If needed, give cross streets: Farrington Highway and Waipio Access Road, pass Ted Makalena Golf Course, follow to end of road and look for soccer fields.
 - Advise EMS that they will have a policeman meet them at the entrance and will provide escort to the exact location of patient.
 - Any assistance or treatment given.
 - Answer all questions the dispatcher asks.
 - Stay on the line until the dispatcher instructs you to hang up.
- As soon as possible, contact the Venue Chair about the emergency. Provide the individual's name, nature of injury, and severity of injury.
- Provide relatives and friends of the individual with directions to the area hospital the individual is being taken to.
- Give a SAI packet to the parent of the victim. If no parent is present, give the SAI packet to the closest relative, team parent, or coach.

Non-Emergency:

- The medical team should provide initial evaluation and appropriate care for acute injuries to athletes and spectators.
- If the injury requires further evaluation, contact the Safety Director.
- The medical team should complete all appropriate injury forms.
- Give an SAI packet to the parent (or player, if alone).

Record Keeping:

- Proper record keeping is essential to ensure quality medical services and coverage.
- Any individual that is evaluated and/or treated must be documented.
- Any individual that is evaluated and/or treated must be given a SAI packet – preferably to the parent.

- The Incident Report Form will be emailed in a PDF format to riskmanagement@ayso.org.

Presence of Blood:

- An excessive amount of blood is that amount which could easily be transferred from one athlete to another.
- First-aid responders will use appropriate personnel protective equipment prior to administering care.
- All contaminated materials will be disposed of in appropriate manner handled by the medical team.
- Before competing, cover any open wounds.
- When a contest official observes an athlete bleeding during the competition, competition shall be stopped on completion of the play or action in progress. Injuries creating visible bleeding shall be treated as any other injury in that the injured athlete shall be removed from the contest and given proper attention.
- The official shall allow sideline or medical personnel to attend to the bleeding athlete for a reasonable amount of time before requesting a substitute.
- An athlete shall not continue competition unless the bleeding is controlled and the wound discovered. Any athlete who has left the contest due to bleeding shall not re-enter the contest until bleeding has been controlled and the wound covered.
- Whenever possible, athletes should render first-aid to themselves, or first-aid should be administered by sideline personnel; not by contest officials.
- If there is blood on the uniform, clothing or skin, the individual may not return until all blood has been removed and disinfected from the clothing or skin surfaces.
- Anytime a contest is stopped due to blood being present, any washable surfaces contaminated with blood shall be properly cleaned before competition resumes.

SECTION IV: Inclement Weather Guidelines

See Security Manual for Inclement Weather Detection and Evacuation Procedures

See National Games 2019 Governing Rules, Section VXII Game Stoppage for Lightning, Heat and Other Environmental Hazards

Lightning Guidelines:

The referee, Field Monitor, Game Committee member and/or other official involved with the Games will be aware of the possibility of lightning in the area. Referees also are trained to count the seconds between seeing lightning and hearing thunder. If this time is less than 30 seconds, the referee or other official will immediately suspend the game and all persons should seek shelter immediately. Activities may resume only when a Games official gives the go ahead. In most cases, activities may be resumed when lightning or thunder has NOT been observed for thirty minutes.

Areas considered safe

- Inside a fully enclosed metal vehicle with windows up.
- Inside a substantial building (roof and four walls).

Unsafe Areas

- Small buildings including picnic shelters and the open area of a concession stand.
- Anywhere near metallic objects like flagpoles, soccer goals, metal bleachers, electric equipment.
- Open fields, trees and water.

Open area without shelter

- Avoid standing in groups.
- Spread out to reduce risk.
- Crouch down on your feet and keep your head low.
- Avoid being the tallest object.
- Avoid lying on the ground.

If a strike occurs to an individual:

- Call 911. Refer to **SECTION III: Injury Guidelines and Procedures, Activating EMS.**
- If you are qualified to do so, apply First Aid or CPR immediately.
- People struck by lightning do not carry an electrical charge and are safe to touch.

Restarting after the All-Clear

- The official restart or postponement of the games will come from the Venue Chair Director.
- Games, which have completed the first half will be considered finished, and the score at the time play was suspended shall be the final score.
- Games which have completed less than one half; the referee will resume by starting the second half, reducing the remaining time, if necessary, so that the match ends at the scheduled time.
- Games that cannot start within 15 minutes of the scheduled start time may be rescheduled.
- If games are postponed, the webmaster and social media coordinator will be immediately contacted for message distribution.

Heat & Humidity:

Modifications for Soccer Competition when the Heat Index is 95°-104°

- All matches will have a substitution break that occurs no longer than 15 minutes into each half.
- If the heat index mandates a break in play, that substitution break, and the half time break, will be a minimum of 5 minutes.

For additional temperature references, see the table below. Heat Index Instruments shall be used to monitor the heat index. In the event the heat index reaches the 95-degree level, the Safety Director and the Venue Chair will meet to confer the heat index issues. Necessary action will be taken.

All contests shall be stopped if the heat index is greater than 104°

Heat Index	Event Conditions	Recommended Actions & Breaks
<95°	Low risk for heat related conditions	Optional water breaks every 30 minutes for 10 minutes duration
95° - 99°	Moderate risk for heat related illness	<i>Mandatory water breaks every 30 minutes for 10 minutes duration</i>
100° - 104°	High risk for heat related illness	<i>Mandatory water breaks every 30 minutes for 10 minute duration</i>
>104°	Extreme or hazardous	Suspend play

Hurricane Guidelines:

As a Cat1 (possible within 72 hours)

- All coaches, referees and parents will be notified of the current conditions via email and aysonationalgames.org as to what Cat 1 means to them and whether they need to prepare to evacuate or not.

As a Cat 2 (possible within 48 hours)

- All coaches, referees and parents will be notified of the current conditions via email and aysonationalgames.org as to what Cat 2 means.
- Implement evacuation plan upon direction from the county via email and aysonationalgames.org.

As a Cat 3 (possible within 24 hours)

- All coaches, referees and parents will be notified of the current conditions via email and aysonationalgames.org as to what Cat 3 means.
- All coaches, referees and parents should have evacuated the area.

As a Cat 4 (possible within 12 hours)

- Destructive force winds are imminent.

SECTION V: Other Hazards

Wild Animals

- Stay clear of any wild dogs and mongoose in or around the venue.
- The best way to avoid being bitten is by staying away from them.
- If you come across a wild animal notify the Safety Director immediately.

Appendix A: Hospital & Medical Centers

Hospitals and Medical Centers near Waipio Peninsula Soccer Park.

*Hours of operation are subject to change.

AIEA

Kaiser Permanente Moanalua Medical Center *(9.6 miles)*

3288 Moanalua Road

Honolulu, HI 96819

(808) 432-0000

Open 24 hours

Pali Momi Medical Center *(5.6 miles)*

98-1079 Moanalua Road

Aiea, HI 96701

(808) 486-6000

Open 24 hours

Tripler Army Medical Center *(11.3 miles)*

1 Jarrett White Road

Honolulu, HI 96859

(808) 433-6661

Open 24 hours

EWA BEACH

The Queen's Medical Center West O'ahu *(4.6 miles)*

91-2141 Fort Weaver Road

Ewa Beach, HI 96706

(808) 691-3000

Open 24 hours

HONOLULU

Kapiolani Medical Center for Women & Children *(15.5 miles)*

1319 Punahou Street

Honolulu, HI 96826

(808) 983-6000

Open 24 hours

Kuakini Medical Center *(13.7 miles)*

347 N Kuakini Street

Honolulu, HI 96817

(808) 536-2236

Open 24 hours

Shriners Hospitals for Children *(15.6 miles)*

1310 Punahou Street

Honolulu, HI 96826

(808) 941-4466

Straub Medical Center *(15.0 miles)*

888 S King Street

Honolulu, HI 96813

(808) 522-4000

Open 24 hours

KAILUA

Adventist Health Castle (21.0 miles)
640 Ulukahiki Street
Kailua, HI 96734
(808) 263-5500
Open 24 hours

LEEWARD

Waianae Coast Comprehensive Health Center (20.0 miles)
86-260 Farrington Hwy
Waianae, HI 96792
(808) 697-3300
Open 24 hours

NORTH SHORE

Kahuku Medical Center (34.9 miles)
56-117 Pualalea Street
Kahuku, HI 96731
(808) 293-9221
Open daily 8:00am – 8:00 pm

WAHIAWA

Wahiawa General Hospital (11.4 miles)
128 Lehua Street
Wahiawa, HI 96786
(808) 621-8411
Open 24 hours

WAIKIKI

Doctors of Waikiki (18.4 miles)
120 Kaiulani Avenue Ste KW10
Honolulu, HI 96815
(808) 922-2212
Open Daily 8:00am – 12:00am

Kuhio Walk-In Medical Clinic (17.4 miles)
2310 Kuhio Avenue
Honolulu, HI 96815
(808) 924-6688
Open M-F, 8:00am – 12:00pm; 1:00pm – 5:00pm
Sat 9:00am – 5:00pm, Sun closed

Island Urgent Care Kapahulu (18.6 miles)
449 Kapahulu Avenue #104
Honolulu, HI 96815
(808) 735-0007
Open Daily 8:00am – 8:00pm

Straub Doctors On Call (17.4 miles)
Sheraton Waikiki Hotel
2255 Kalakaua Avenue
Honolulu, HI 96815
(808) 971-6000
Open Daily: 7:00am – 11:00pm

Straub Doctors On Call (*17.0 miles*)
Hilton Hawaiian Village, Rainbow Bazaar
2005 Kalia Road
Honolulu, HI 96815
(808) 973-5250
Open M-F, 8:00am – 4:30pm; closed weekends

Urgent Care Clinic of Waikiki (*17.1 miles*)
Bank of Hawaii Building
2155 Kalakaua Avenue #308
Honolulu, HI 96815
(808) 924-3399
Open M-F, 8:30am – 6:30pm;
Sat, Sun, Hol 8:30am – 5:00pm

Appendix B: Pharmacies

Pharmacies near Waipio Peninsula Soccer Park. *Hours of operation are subject to change.

Don Quijote Pharmacy
94-144 Farrington Hwy
Waipahu, HI 96797
(808) 678-6831
Open M-F, 9:00am – 6:45pm
Sat 9:00am – 4:45pm
Sun Closed

Longs Drugs
94-060 Farrington Hwy
Waipahu, HI 96797
(808) 676-8116
Open 24 hours

Sam's Club Pharmacy
1000 Kamehameha Hwy
Pearl City, HI 96782
(808) 454-0182
Open M-F, 9:00am – 7:00pm
Sat 9:00am – 6:00pm
Sun 11:00am – 5:00pm

Times Pharmacy
Pharmacy in Waipahu, Hawaii
Located in Times Supermarket
94-766 Farrington Highway
Waipahu, HI 96797
(808) 671-7276
Open M-F, 8:30am-7:00pm, Sat 8:30am – 5:00pm, Sun 9:00am – 5:00pm
Closed for lunch 1:00pm-1:30pm

Walgreens Pharmacy
94-223 Farrington Hwy
Waipahu, HI 96797
(808) 676-2230
Open M-F, 8:00am – 9:00pm
Sat-Sun 9:00am – 6:00pm

Walmart Pharmacy
1131 Kuala St
Pearl City, HI 96782
(808) 454-8792
Open M-F, 9:00am – 9:00pm
Sat 9:00am – 7:00pm
Sun 10:00am – 6:00pm