



American Youth Soccer Organization 2019 National Games, Hawaii



MEDICAL EMERGENCY ACTION PLAN

Waipio Peninsula Soccer Park
93-061 Waipio Point Access Road

Emergency Personnel/Team

- Volunteers trained by Red Cross (First Responder).
- Volunteer medical professional (doctor/nurse-First Responder)
- Administrator (Tournament Safety Director).
- Team Coaches
- Security Team

Emergency Equipment

- Medical supplies to treat minor injuries
- Blood Pressure Cuff
- Ice.

Role of the First Responder

- Establish that scene is safe and provide immediate care for the athlete(s)
- 2 or more responders - one person will call for help while the other takes care of the victim. Check the victim for responsiveness and ABCs (airway, breathing, and circulation). Monitor vital signs and provide appropriate first aid and/or CPR (if qualified) until EMS arrives.
- If you are alone, check the victim for responsiveness and ABCs (airway, breathing, and circulation) then call for help. Monitor vital signs and provide appropriate first aid and/or CPR (if qualified) until EMS arrives.
- Activation of Emergency Medical System (EMS) in the following situations or if unsure if medical care is needed:
 - Unconscious athlete or altered level of consciousness. **DO NOT MOVE** the athlete.
 - Possible head injury with loss of consciousness. **DO NOT MOVE** the athlete.
 - Neck or spine injury resulting in altered level of sensation, strength or range of motion. **DO NOT MOVE** the athlete
 - Suspected fracture. **DO NOT MOVE** the athlete.
 - No pulse or circulation.
 - Anaphylactic shock or other severe allergic reactions.
 - Heart attack or chest pain.

- Cessation or irregular breathing.
- Heat related illnesses: heat stroke, heat exhaustion.
- Electrical shock.
- Burns, stabbing, shooting.
- Any injury, which, in your judgment, is beyond your ability to treat.
- Any injury which you are uncertain how to treat.

When Calling 911.

- Provide name of caller. (**Tournament Safety Director is primary caller**)
tournament first responder, Security, Coach and/or Assistant Coach
- Type of emergency
- Age of patient, male or female.
- Location of the emergency: Waipio Peninsula Soccer Park.
- **Address of site: 93-061 Waipio Point Access Road.**
- If needed, give cross streets: Farrington Highway and Waipio Access Road pass Ted Makalena Golf Course, follow to end of road and look for soccer fields.
- Advise EMS that they will have a policeman meet them at the entrance and will provide escort to the exact location of patient.
- Any assistance or treatment given.
- Answer all questions the dispatcher asks.
- Stay on the line until the dispatcher instructs you to hang up.

Communication Chain

- Parent(s) or Guardian(s) notified by Coach of injury or illness to their child.
- Coach to notify Medical Headquarters of injury via Field Monitor(s) or walk-in.
- Tournament Safety Director to notify Security.
- Tournament Safety Director to notify Regional Commissioner/Safety Director.

Role of the Secondary Responder (Tournament Safety Director)

- Tournament Safety Director will notify Security of emergency
- Limit scene to first aid providers and EMS.
- Move bystanders away from the scene.

Heat and Humidity

Modifications for Soccer Competition when the Heat Index is 95°-104°:

- All matches will have a substitution break that occurs no longer than 15 minutes into each half.
- If the heat index mandates a break in play, that substitution break, and the half time break, will be a minimum of 5 minutes.

For additional temperature references, see the table below. Heat Index Instruments shall be used to monitor the heat index. In the event the heat index reaches the 95-degree level, the Tournament Safety Director and the Venue Chair will meet to confer the heat index issues. Necessary action will be taken.

All contests shall be stopped if the heat index is greater than 104°

Heat Index	Event Conditions	Recommended Actions & Breaks
<95°	Low risk for heat related conditions	Optional water breaks every 30 minutes for 10 minutes duration
95° - 99°	Moderate risk for heat related illness	<i>Mandatory water breaks every 30 minutes for 10 minutes duration</i>
100° - 104°	High risk for heat related illness	<i>Mandatory water breaks every 30 minutes for 10 minute duration</i>
>104°	Extreme or hazardous	Suspend play